

Iran, the Head of the Octopus: The Ultimate Generator of Middle East Instability

written by Prof. Kobi Michael | 16.08.2026

Prof. Kobi Michael discusses the intensifying friction between the United States and Iran over control of the Strait of Hormuz, pointing to Iran as the primary generator of regional instability that supports various proxy groups.

He also analyzes the delicate negotiations between Israel and Lebanon, noting that while Hezbollah acts as an Iranian-backed spoiler capable of military retaliation, both nations share a mutual interest in disarming the group to allow the Lebanese government to regain its sovereignty.

The full interview took place on NewsX World on August 16, 2026.

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